

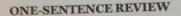


O. Beautiful!

O'S BEAUTY DIRECTOR, VALERIE MONROE, ON WHAT YOU NEED ... AND WHAT YOU'LL LOVE.



How about a chic little suitcase for your fragrance? Last year the peripatetic perfumer Francis Kurkdjian circled the world three times, which inspired him to create the Globe Trotter Travel Spray Case in Zinc and Gold (\$95 and \$105; neimanmarcus.com). Fitted with a magnetic cap, each holds 0.37 ounce of his transporting scents (sold separately; my current favorite is the soft floral Amyris Femme).



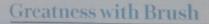
Hampton Sun Airbrush Bronzing Mist

(\$42; hamptonsuncare.com) Take three minutes to lightly spray on this temporary bronzer and blend-you'll look like you spent all afternoon at the beach, even if you never left the house.



## First-Prize Metal

Though you probably won't see me ES sporting the purple or green itt edgy for my taste-I will definitely pa dressing up my nails in Sterling She and Leaden Lilac this summer The new Sally Hansen ColorFoil Nat Makeup Collection (\$8 each: drugstores) leaves a unique iridesum D sheen in a choice of ten vivid shads d Feel free to change your mind and your polish capriciously: No top or base coat is needed, and the formula



It's a gold mine: This new SPF 20 liquid foundation, BareMinerals BareSkin Pure Brightening Serum Foundation (\$29; sephora.com), comes in 20 shades and offers adjustable coverage from nearly sheer to full. Add a drop (or more) to the fluid reservoir at the top of the Perfecting Face Brush (\$28; sephora.com) and sweep it over your complexion for natural-looking polish. The formula is free of oil, fragrance, and parabens,



I swim in a chlorinated pool three days a week. How can I protect my skin?

As you probably know, chlorine can strip your skin of natural oils, making it feel dry, tight and maybe even itchy, says Emmy Graber, MD, director of the Boston University Cosmett Laser Center. The chemical can also exacerbate eczema and other skin conditions, so apply a body oil or lotion before you dive in—a water-resistant sunscreen is a terrific choice if you swim outdoors. As soon as you get out of the pool, rinse in a cool shower (warm water may allow chlorine to penetrate the skin). And don't forget to reapply sun protection.

If you have a question about makeup, skincare, or haircare, e-mail askval@hearst.com or Ask Val at awatercom which

