

DON'T MISS

Take the 31-Day Plank Challenge!

Summer Shape Up

Digital Editions

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8 of 9 | Neutrogena Clear Pore Cleanser Mask

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The Derm: Emmy Graber, M.D., director of the Cosmetic & Laser Center, Boston University.

Why: "Use it as a regular cleanser, but if you need more oomph to your acne-fighting routine, it works as a mask. This wash contains a concentration of benzoyl peroxide powerful enough to prevent pimples yet gentle enough to not dry out skin." (\$8; neutrogena.com)

Other favorite products:

1. NeoStrata Bionic Face Cream (\$54; neostrata.com)

Why: "I use this cream at night for a bright, glowing face the next morning. Packed with polyhydroxyacids, it gets rid of the dead layer of skin cells on the surface but isn't irritating."

2. Epionce Renewal Eye Cream (\$70; epionce.com)

Why: "Many eye creams don't actually do anything, but I'm a believer in this one! It makes my under-eye area look smoother and more rested thanks to a moisturizing complex of antioxidants."