

## 3 Face Masks That'll Help Hide Your Hangover

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So you had a drink or two (or five) and things don't look so pretty the next day. After a night of excess drinking, common side effects include puffy eyes and dehydrated skin. For your peepers, reach for "a cold compresses and apply an eye cream that contains caffeine," says says Boston-based dermatologist [Emmy Graber, M.D.](#) To rehydrate skin, look for moisturizers containing ingredients that pull water into the skin, such as glycerin or hyaluronic acid," says Dr. Graber. We tested a slew of masks for some major relief so you'd know what to stock in your medicine cabinet for the morning after.

## Rodial Super Acids X-Treme Hangover Mask



Courtesy

"My biggest issue after a night out? Dullness and dryness. So a clay mask is not what I would pick up naturally as I'd be too afraid that it'd suck up any remnant of a glow. That is not the case with this fruit-acid formula which exfoliates skin so that hydration can sink in even deeper. My complexion always feels way smoother and less zombie-like after slathering on this smooth formula."—*Sheryl George, beauty editor, InStyle*

\$56; [nordstrom.com](http://nordstrom.com)

## Belif First Aid Anti-Hangover Soothing Mask





Courtesy

"Sometimes after I go out and have too much to drink, my skin is super dry, and this stuff helps restore the moisture (via glycerin) and bring it back to its previous state. Hangovers aside, I also really like using it when my skin is irritated (like if I get too aggressive with a scrub, and during the winter months when my apartment building cranks the heat way way way too high). The chamomile extracts help calm my complexion."—*Marianne Mychaskiw, assistant beauty editor, InStyle.com*

\$34; [sephora.com](http://sephora.com)

### Skyn Iceland Hangover Kit





Courtesy

"Skyn Iceland takes hangovers seriously: The brand has designed an 'emergency kit' specifically meant to revive tired, dull skin. There are four products included, but if you're really struggling and can only manage to apply one, I'd recommend the Hydro Cool Firming Eye Gels. I popped mine in the refrigerator about 30 minutes before use and was impressed with how quickly my eyes lost that telltale I've-been-out-way-too-late puff. I followed up with the brand's Icelandic Relief Eye Pen—a brightener formulated with cell-rejuvenating stem cells—and all signs of the holiday party I attended the night prior were totally erased."—*Dianna Mazzone, beauty assistant, InStyle*

\$25; [skyniceland.com](http://skyniceland.com)

Though your hangover will eventually subside (we promise), depending on just how hard you decided to go on the shimmer last night, you could be scrubbing glitter off your skin for what seems like weeks. When your Clarisonic brush and cleanser duo just won't cut it, you'll need to reach for a makeup remover—either in a potent liquid or towelette form—to completely eliminate the sparkle you piled on so generously only hours ago. We put together a list of our top 10 favorites, guaranteed to swipe away every last bit so you don't roll into the office on Monday looking like a disco ball. Save the "shine bright like a diamond" mantra for your Spotify playlist and check out some of the best formulas below.